User Stories

* As a user I should be able to login and view my own details
* As a user I should be able to log out
* As a user I should be able to view my goals
* As a user I should be able to view my CPAX scores
* As a user I should be able to view exercise gifs
* As a user I should be able to view exercises steps
* As a user I should be able to set goals for myself
* As a user I should be able to see achievements
* As a user I should be able to set achievements
* As a user I should be able to view a progress graph